



Concord After 60

A Social Support Network

Concord After 60 (CA60) is a social organization of people 60 years old or older who live in the town of Concord, MA. It has been formed to enrich our lives and help us support each other as we age. For some of us, this support network will enable us to age in place longer than we otherwise could.

Programs and Activities

Monthly Meetings - CA60 holds monthly in-person or online social gatherings, often with a speaker, which are open to all members. When we meet in person, light refreshments are served. Prospective members are welcome to attend one or two meetings before joining CA60.

Activity Groups (AGs) - To get to know each other better, we also have smaller groups of members who share an interest, e.g., Book Group, Walking Group, Bag Lunch Group, Games Group, and Art Appreciation Group. Volunteer leaders along with interested members set the time and place of these activities. New AGs may be started with permission and encouragement of the Steering Committee.

Help in a Pinch - Members are encouraged to ask each other or contact the Help in a Pinch Coordinator for occasional help with small tasks or transportation.

Volunteer Opportunities - Volunteering is vital to our organization, ranging from hosting a meeting, being a guest speaker, helping provide refreshments, taking a position on the Steering Committee or leading an Activity Group. Because involvement fosters belonging and builds friendships, all members of CA60 are encouraged to volunteer in some capacity as they are able.

How CA60 Works - We have a Steering Committee composed of a Chair, Past Chair, Meeting Secretary, Membership Chair, Treasurer, Hospitality Chair, Marketing/PR Chair, Program Chair, Technology/Website Chair, Help in a Pinch Coordinator, and Members at Large.

The term of office is generally 2-3 years with positions staggered in time.

Membership and Dues - CA60 is supported by nominal dues, currently at \$25/person/year assessed to cover the running costs of CA60, e.g., website, general operating expenses, and refreshments for meetings.

We ask that prospective members have access to the internet so we can communicate through our website and emails to keep everyone updated on programs and special activities. If access to the internet is not available, we may be able to make other arrangements.

For additional information, please visit the CA60 website at concordafter60.org.